

Your Acting Journey

The Five W's

Acting is in the character and situation. The Fantastic Five W's are your best friends as an actor.

Who?

What?

Where?

When?

Why?

The Fantastic Five W's can help you unlock and understand your character, what is going on, major themes in any script or play, etc. Whatever script you have, remember the writer wrote these words for a reason, it's your job to figure out how it relates to your character. With that said, also be aware it's what underneath the words that give spice, life and breathe your acting.

Fun acting exercise #1

Pick a character that you like to go deeper with. We are going to work from the inside. Let's say the character's name is Jaime. Relax and breathe in and out for two minutes. Now, imagine you are Jaime. You call yourself Jaime not your own name. You experience everything as Jaime not as yourself. Set a time to be Jaime. Go out dressed as Jaime. Walk, talk, eat, think as you

imagine Jaime would. Once your Jaime time is done, write what occurred. Then see how you can integrate your experiences as Jaime into your acting.

Who are you?

Begin to get a sense of what type you are. Take notice of who people say you look like? What actors do you feel you resemble or have a similar background that you bond with? Use them as your personal role model or inspiration for your career. What words describe you best? Think of the adjectives people say most to describe you: funny, stylish, strong, bold, sexy, charming, shy, That will clue you in on how people see you; also, how you might be cast in roles. Embrace all who you are as a person. These qualities make you the unique and wonderful actor you are!

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